

Nos	NAME	RUNNING CLUB	M/F	TIME	POSITION
120	Glen Turner	Leighton Buzzard A/C	M	32.42	1
173	Owen Byrne	Bearbrook R.C.	M	34.52	2
121	Wesley Trigg	Bearbrook R.C.	M	35.40	3
152	Michael Burgess	Tring R.C.	M	36.26	4
149	Paul Tew	U/A	M	36.50	5
101	Simon Barnett	Tring R.C.	M	37.36	6
198	Zoe Doyle	Belgrave Harriers	F	37.43	7
94	Steve Alderson	U/A	M	38.36	8
162	Trevor Lark	Tring R.C.	M	38.48	9
125	Dominic Evans	Tring R.C.	M	38.50	10
146	Stuart Fogarty	U/A	M	39.08	11
107	Jim Buttleman	Leighton Fun Runners	M	39.12	12
160	Andy Neill	Tring R.C.	M	39.18	13
188	John O'Grady	U/A	M	39.19	14
153	Sean Gregory	Tring R.C.	M	39.32	15
161	Paul Allen	Tring R.C.	M	39.46	16
185	Ben Verinder	U/A	M	40.02	17
128	Andrew Powell	U/A	M	40.36	18
174	David Burgess	U/A	M	40.42	19
144	Tony Barrons	Bearbrook R.C.	M	40.57	20
178	Jason Rabinowitz	U/A	M	41.02	21
189	Iona Craft	Tring R.C.	M	41.06	22
169	Liz Okeefe	Tring R.C.	F	41.17	23
147	Craig Thomas	Tring R.C.	M	41.36	24
180	Chris O'Dell	U/A	M	41.41	25
191	Julie Humpharies	Alton Runners	F	41.50	26
141	Paul Bayley	Tring R.C.	M	42.33	27
158	Simon Lee	Shires Triers Triathlon Club	M	42.34	28
192	Richard Foskett	Herts Phoenix	M	42.36	29
99	Steve Charleston	Bearbrook R.C.	M	42.50	30
132	Terry Hedge	Watford Harriers	M	42.55	31
116	Adrian Lee	U/A	M	42.57	32
194	Ian Tarvit	Fell Runners Association	M	43.06	33
104	A Lloyd-Callachund	Tring R.C.	M	43.10	34
199	David Whatton	Northampton Road Runners	M	43.12	35
112	John O'brian	Coolhurst Trotters	M	43.20	36
122	Simon Stevenson	Tring R.C.	M	43.24	37
142	Anthony Kent	Tring R.C.	M	43.40	38
195	Robert Burton	Hillingdon AC	M	43.48	39
110	M Travers	St Albans Striders	M	44.05	40
118	Kate Bailey	Tring R.C.	F	44.20	41
124	David Darton	York Knavesmere Har	M	44.25	42
159	Mandy Bunthrone	Tring R.C.	F	44.29	43
179	Benjamin Howell	Chiltern Harriers	M	44.30	44
177	Andrew Howell	U/A	M	44.31	45
150	Alex Cornish	<i>Calder Valley Fell Runner</i>	M	44.48	46
126	Sophie Evans	Tring R.C.	F	44.50	47
156	Nigel Kippax	Tring R.C.	M	45.04	48
115	Gareth Brown	U/A	M	45.40	49
148	Maria Kerr	Tring R.C.	F	45.47	50
102	Richard Wood	U/A	M	46.06	51

168	Mathew West	Tring R.C.	M	46.13	52
172	Jane Porteous	Tring R.C.	F	46.24	53
171	Colin Hamlet	Watford Harriers	M	46.31	54
175	Clare Hewitt	St Albans Striders	F	46.52	55
103	Kevin Mayes	U/A	M	47.23	56
136	Martin Hopcroft	Tring R.C.	M	48.14	57
183	Richard White	Tring R.C.	M	48.19	58
93	Rob Engers	Hillingdon AC	M	48.42	59
129	James Crafts	Tring R.C.	M	49.06	60
157	Roger hadland	U/A	M	49.10	61
95	Becky Shaftoe	Tring R.C.	F	49.26	62
123	Colin Lea	York Knavesmere Har	M	49.30	63
176	Paul Hewitt	St Albans Striders	M	49.34	64
145	Nicci Krolikowski	U/A	F	49.42	65
154	Andy Butler	Bearbrook R.C.	M	49.55	66
100	Maria Cook	Tring R.C.	F	50.13	67
98	Elizabeth daniel	Tring R.C.	F	50.50	68
97	Alfie Robbins	Gade Valley Harriers	M	50.51	69
96	Jamie Robbins	U/A	M	50.52	70
133	Jill Owen	Watford Harriers	F	51.03	71
167	Anne Gallagher	U/A	F	51.04	72
127	Andy Evans	Tring R.C.	M	51.15	73
155	Anne Kippax	Tring R.C.	F	51.23	74
117	Mika Pater	U/A	F	51.34	75
109	Nick Bosc	U/A	M	51.44	76
139	Hilary Oshea	Trail Running Asso	F	51.56	77
190	Gordon Avery	U/A	M	51.59	78
108	Paul Grimsdale	Oxford	M	52.09	79
105	Philip Rance	Bearbrook R.C.	M	52.42	80
131	Linda Huxley	Bearbrook R.C.	F	52.44	81
164	Sarah Watson	U/A	F	53.09	82
143	Julia Kent	U/A	F	53.39	83
184	Shirley White	Tring R.C.	F	53.52	84
193	Martin Grimsdale	Watford Harriers	M	54.18	85
166	Vikki Williams	Tring R.C.	F	54.43	86
170	Dawn Smith	U/A	F	55.26	87
186	Geraldine Bradshaw	U/A	F	55.44	88
187	Eleanor O'Grady	U/A	F	55.58	89
119	Kieron Champion	U/A	M	56.22	90
197	Harry Woodus	U/A	M	57.41	91
114	Philip Hull	Coolhurst Trotters	M	57.50	92
163	Barry Watson	U/A	M	57.50	93
113	Richard Willsher	Coolhurst Trotters	M	57.50	94
196	Fenella Woodus	U/A	F	58.04	95
106	Nigel Lacey	Tring R.C.	M	61.06	96
130	John Adam	Leighton Buzzard A/C	M	61.34	97
165	Katie Langley	Tring R.C.	F	61.39	98
137	Judi Hopcroft	Tring R.C.	F	62.09	99
200	Carole Whatton	Northampton Road Runners	F	63.05	100
182	Ian Verchere	Tring R.C.	M	65.09	101
138	Ian Barnes	Gade Valley Harriers	M	73.51	102
111	Raymond Hoyle	Watford Harriers	M	100.10	103
140	Daniel Clarke	A.A.A.C.	M		Non Runner

135	Sarah Needleman	Chiltern Harriers	F	Non Runner
134	Ian Needleman	Decorum & Tring A.C	M	Non Runner
181	David Wells	U/A	M	Non Runner
151	Derek Peverill	Vale of Aylesbury	M	Non Runner

