

Aldbury 5 - 12th June 2022 Provisional Results

Pos	Cat Pos	Bib	Name	Team name	Category	Time
1	1	70	Mark Innocenti	Tring RC	Male Vet 40	31:25.2
2	1	75	Ross Langley	Tring RC	Male Open	33:42.4
3	2	65	Liam Hinshelwood	Watford Harriers	Male Vet 40	34:10.7
4	2	35	Sam Dear	Leighton Buzzard Athletic Club	Male Open	34:38.7
5	3	47	Joshua Frewin	Tring RC	Male Open	34:43.5
6	3	56	Mark Head	Tring RC	Male Vet 40	34:50.0
7	4	88	Tom Moreton	Tring RC	Male Vet 40	35:05.1
8	4	69	James Inglis	Unaffiliated	Male Open	35:20.6
9	1	49	Michael Furness	Leighton Buzzard Athletic Club	Male Vet 50	36:01.9
10	5	107	Philip Riddleston	Watford Harriers	Male Open	36:07.7
11	6	25	Roger Clarke	Tring RC	Male Open	36:24.7
12	2	7	James Bell	Leighton Buzzard Athletic Club	Male Vet 50	36:33.3
13	3	68	Stuart Ingham	Watford Harriers	Male Vet 50	36:40.1
14	5	104	Tom Raftery	Tring RC	Male Vet 40	37:00.0
15	6	51	Brendon Gilbert	Veterans AC	Male Vet 40	37:02.8
16	7	115	Nicholas Stallman	Tring RC	Male Open	37:16.0
17	4	30	Geoff Curwen	Watford Harriers	Male Vet 50	37:16.8
18	7	97	Daniel Newman	Tring RC	Male Vet 40	37:26.7
19	5	109	Steve Roberts	Handy Cross Runners	Male Vet 50	37:37.0
20	8	33	Philip Davies	Stopsley Striders	Male Open	37:44.8
21	9	10	Kevin Berg	Tring RC	Male Open	37:46.0
22	6	3	Paul Allen	Tring RC	Male Vet 50	37:50.1
23	7	147	Andrew Redington	Unaffiliated	Male Vet 50	38:13.6
24	10	1	Neil Adcock	Tring RC	Male Open	38:16.8
25	8	89	Jim Morris	Tring RC	Male Vet 40	38:18.5
26	9	78	James Lowe	Leighton Buzzard Athletic Club	Male Vet 40	38:20.6
27	1	93	Sally Nash	Tring RC	Female Oper	38:27.1
28	8	113	Steve Sharples	Leighton Buzzard Athletic Club	Male Vet 50	38:33.5
29	2	86	Ruth Mitchell	Leighton Buzzard Athletic Club	Female Oper	38:42.3
30	11	16	Joe Brown	Tring RC	Male Open	38:52.4
31	3	112	Johanna Sharples	Leighton Buzzard Athletic Club	Female Oper	38:56.6
32	1	37	Jodie Digby	Jodie digby fitness	Female Vet 4	39:17.3
33	10	38	Mat Dowden	Unaffiliated	Male Vet 40	39:32.7
34	11	52	Daniel Green	Leighton Fun Runners	Male Vet 40	39:34.1
35	12	123	Matt Styrka	Leighton Buzzard Athletic Club	Male Vet 40	39:49.1
36	9	53	Simon Griffiths	Bearbrook Running Club	Male Vet 50	40:13.8
37	1	149	Mark Kleanthous	Leighton Fun Runners	Male Vet 60	40:32.3
38	13	28	Jason Cuddy	Runaway Racing	Male Vet 40	40:36.1
39	12	105	Jonny Rayner	Unaffiliated	Male Open	40:40.6
40	14	134	Christopher Vile	Tring RC	Male Vet 40	40:47.0
41	10	128	Mark Tikaram	Tring RC	Male Vet 50	40:54.9
42	15	150	Steve Culverwell	Unaffiliated	Male Vet 40	40:59.2
43	13	64	Richard Hill	Leighton Buzzard Athletic Club	Male Open	41:00.2
44	2	66	Martin Hopcroft	Tring RC	Male Vet 60	41:05.6
45	11	95	Andy Neill	Tring RC	Male Vet 50	41:25.8

46	16	5	Paul Bayley	Tring RC	Male Vet 40	41:27.3
47	2	125	Lisa Taylor	Unaffiliated	Female Vet 40	41:40.1
48	14	110	Joseph Room	Leighton Buzzard Athletic Club	Male Open	41:44.8
49	12	54	Kevin Hare	Leighton Fun Runners	Male Vet 50	41:52.4
50	13	18	Jim Buttleman	Leighton Fun Runners	Male Vet 50	42:13.6
51	3	142	Colin Whittaker	Redway Runners	Male Vet 60	42:41.6
52	4	42	Amy Farnfield	Leighton Buzzard Athletic Club	Female Open	42:47.4
53	5	114	Kat Sizer	Tring RC	Female Open	43:22.8
54	14	55	Adrian Harwood	Watford Harriers	Male Vet 50	43:24.3
55	4	82	John Manning	Tring RC	Male Vet 60	43:27.0
56	17	57	Andrew Hearne	Unaffiliated	Male Vet 40	43:30.4
57		129	Lisa Newing			43:36.9
58	15	119	Tony Stewart	Tring RC	Male Vet 50	44:22.2
59	18	59	David Heffernan	Kilmoney Harriers	Male Vet 40	44:25.5
60	19	124	Jonathan Taylor	Chiltern Harriers AC	Male Vet 40	44:30.7
61	15	133	Graham Vernam-And	Unaffiliated	Male Open	45:00.0
62	1	132	Sheila Turner	Tring RC	Female Vet 40	45:22.3
63	5	111	Jon Salmon	Tring RC	Male Vet 60	45:39.9
64	16	116	Jason Steel	Hillingdon AC	Male Vet 50	45:42.7
65	20	17	Darren Burke	Gade Valley Harriers	Male Vet 40	46:33.5
66	17	143	Hugh Wilson	Unaffiliated	Male Vet 50	47:35.9
67	18	90	Ian Munro	Garden City Runners	Male Vet 50	47:45.1
68	6	117	Christina Stevens	Tring RC	Female Open	47:49.0
69	21	62	John Highmore	Unaffiliated	Male Vet 40	48:01.5
70	19	79	Andrew Lowe	Tring RC	Male Vet 50	48:16.5
71	20	39	Brian Evans	Tring RC	Male Vet 50	48:39.0
72	7	103	Samantha Rafferty	Gade Valley Harriers	Female Open	48:44.5
73	3	21	Francisca Cerda	Unaffiliated	Female Vet 40	48:54.4
74	21	92	Richard Murphy	Tring RC	Male Vet 50	49:04.1
75	22	127	Paul Tew	Leighton Fun Runners	Male Vet 50	50:14.5
76	6	46	Richard Foskett	Herts Phoenix AC	Male Vet 60	50:19.3
77	8	43	Orla Fehily	Leighton Buzzard Athletic Club	Female Open	50:20.5
78	9	80	Ceana Mackenzie-Bro	Leighton Buzzard Athletic Club	Female Open	50:51.5
79	23	130	Gavin Tull	Unaffiliated	Male Vet 50	50:54.8
80	24	13	Stephen Bladen	Tring RC	Male Vet 50	51:16.9
81	1	77	Richard Long	Tring RC	Male Vet 70	51:22.2
82	7	126	Paul Terrett	Tring RC	Male Vet 60	51:24.3
83	1	8	Alison Bell	Leighton Buzzard Athletic Club	Female Vet 50	51:28.0
84	25	122	Dan Storr	Unaffiliated	Male Vet 50	51:37.7
85	4	14	Louise Bladen	Tring RC	Female Vet 40	51:39.5
86	2	48	Sue Frewin	Tring RC	Female Vet 50	51:47.3
87	3	121	Philippa Storr	Unaffiliated	Female Vet 50	52:10.6
88	22	146	Blazej Ziembaczewski	Tring RC	Male Vet 40	52:18.5
89	26	106	Stewart Read	Stopsley Striders	Male Vet 50	52:27.8
90	27	118	Mark Stevenson	Tring RC	Male Vet 50	52:34.2
91	28	41	Andy Evans	Tring RC	Male Vet 50	52:53.7
92	23	22	Gabriel Chavez	Leighton Buzzard Athletic Club	Male Vet 40	53:27.9
93	8	76	Peter Leigh	Tring RC	Male Vet 60	53:31.5

94	24	58	James Heath	Unaffiliated	Male Vet 40	53:34.0
95	4	81	Rachael MacRae	Tring RC	Female Vet 5	53:48.1
96	5	31	Pam Dalgas	Dacorum Athletic Club	Female Vet 5	54:34.5
97	2	94	Hilary Needleman	Tring RC	Female Vet 6	54:50.5
98	9	141	Richard White	Tring RC	Male Vet 60	55:00.7
99	3	4	Karen Ashby	Stopsley Striders	Female Vet 6	55:16.1
100	10	85	Chris McLaren	Stopsley Striders	Male Vet 60	55:16.5
101	11	12	Chris Bill	Tring RC	Male Vet 60	55:47.4
102	5	2	Vicky Album	Unaffiliated	Female Vet 4	55:55.7
103	6	61	Sarah Hennis	Unaffiliated	Female Vet 4	55:56.6
104	12	29	Kevin Cullen	Unaffiliated	Male Vet 60	55:57.7
105	4	73	Anne Kippax	Tring RC	Female Vet 6	56:49.7
106	6	27	Ros Cranston	Tring RC	Female Vet 5	56:55.8
107	7	40	Ann-Marie Evans	Tring RC	Female Vet 5	57:52.6
108	8	138	Lucy Welsby	Tring RC	Female Vet 5	57:58.5
109	9	91	Clare Murphy	Tring RC	Female Vet 5	58:15.4
110	10	32	Elizabeth Davies	Stopsley Striders	Female Vet 5	58:30.1
111	13	131	Ted Turner	Tring RC	Male Vet 60	59:12.7
112	5	108	Elaine Roach	Unaffiliated	Female Vet 6	59:16.2
113	6	140	Shirley White	Tring RC	Female Vet 6	1:00:33.0
114	10	67	Alice Hopcroft	Unaffiliated	Female Oper	1:01:00.6
115	11	151	Mary Hopcroft	Unaffiliated	Female Oper	1:01:01.3
116	11	11	Alison Bill	Tring RC	Female Vet 5	1:01:21.9
117	12	148	Clare Kleanthouse	Leighton Fun Runners	Female Vet 5	1:02:17.0
118	13	87	Sandra Mogan	Tring RC	Female Vet 5	1:02:25.2
119	7	135	Naomi Wager	Tring RC	Female Vet 6	1:02:26.2
120	25	44	Andrew Firmin	&us	Male Vet 40	1:03:25.7
121	14	144	Fiona Wilson	Unaffiliated	Female Vet 5	1:16:07.4
122	8	102	Lesley Pymm	Bournville Harriers	Female Vet 6	1:21:53.6
123	14	74	Nigel Lacey	Tring RC	Male Vet 60	1:38:35.5